



Ottawa Race Weekend Athletic Scholarship 2006

The Ottawa Race Weekend Athletic Scholarship is intended to assist aspiring Canadian distance athletes.

Award requirements:

- Athlete must be a Canadian citizen.
- Athlete must attend a post-secondary educational institution as a full-time student for the 2006-2007 academic year.
- Athlete must expect to earn under \$20,000 from all sources in 2006 (including any grants or scholarships). This does NOT include any expected provincial or federal student loans.
- Athlete should be available to come to Ottawa to receive the award (the ORW will provide transportation and accommodation).
- Athlete should participate (compete and/or volunteer) in the 2006 Ottawa Race Weekend on May 27th – 28th.
- Previous winners may not apply.

Award Criteria: Applicants will be judged based on their financial need, athletic accomplishments, athletic potential, running/community contributions and scholastic grades.

Award: \$3000 CDN

Prospective applicants are encouraged to complete the following application and submit it to:
**ORW Athletic Scholarship
P.O. Box 426, Station A
Ottawa, ON Canada
K1N 8V5**

Applications must be received by **January 16th, 2006**, in order to be considered. The award winner will be notified by **March 13th, 2006**.

Congratulations to Rebecca Stallwood of Burlington, Ontario who was the 2005 scholarship recipient. After accepting the award Rebecca competed in the MDS Nordion 10K and placed 10th in the women's division.

About the Ottawa Race Weekend

The Ottawa Race Weekend, Canada's premier running festival, combines competition, participation and fundraising to make a distinctive contribution to the health of the community. The 2005 Race Weekend had over 26,000 participants in 9 races, including the ING Ottawa Marathon and the MDS Nordion 10K. It is run by a volunteer Board of Directors. This year, the Race Weekend is scheduled for the May 26-28 weekend.



Ottawa Race Weekend Athletic Scholarship

APPLICATION FORM

Name:

Address:

City:

Province:

Postal Code:

Email:

Phone: ())

Current Educational Institution:

Years of Attendance:

Citizenship:

(IF INSUFFICIENT SPACE, FEEL FREE TO PROVIDE ANSWERS ON AN ACCOMPANYING SHEET)

1. Provide what post-secondary institution you are attending or plan to attend in Fall 2006. Include the program enrolled in and academic transcripts (latest at time of application).

2. List your top athletic performances. Include location, race distance, time and placing.

3. List your athletic history. Indicate your performance progressions. This should highlight your potential performances in the upcoming years.

4. Explain how this award would assist you.

5. Are you involved in any community/volunteer activities? Give details.

6. Are you eligible to compete on a Canadian team in 2006?

NO: _____ YES: _____ If YES what team? _____

7. Will accepting this scholarship violate any post-secondary competition rules?

NO: _____ YES: _____

Please complete the following budget sheet.

Ottawa Race Weekend Athletic Scholarship – APPLICATION CONT.

STUDENT BUDGET

INCOME	May – Aug.	Sept. – Dec.	Jan. – Apr.	TOTAL
Net Employment Income				
Welfare benefits, Orphan's benefits, Child tax credit and/or GST refund				
Scholarships, bursaries and other awards				
Contributions from parents, family, friends				
Income tax refund				
Loans (Bank or Other)				
Other income (Specify):				
TOTAL INCOME (without Loans)				
Federal / Provincial Student Loans				
EXPENSES	May – Aug.	Sept. – Dec.	Jan. – Apr.	TOTAL
Tuition and incidental fees				
School supplies				
Housing (university residence, rent, utilities)				
Groceries and housekeeping supplies				
Clothing, laundry and dry cleaning				
Child Care				
Insurances (Life, car, fire, theft)				
Transportation (Car, parking, public transport)				
Leisure (sports, entertainment)				
Non-insured medical care (Glasses, dental)				
Other Expenses (Specify):				
TOTAL EXPENSES				

Feel free to include a letter on your short-term and/or long-term goals (running and/or otherwise). A letter of reference from a coach/advisor to support this application is encouraged.

All information from the application will be kept strictly confidential.

PLEASE READ AND SIGN:

I certify that all the information on this application is accurate. In 2006, I expect that all my income, from all sources, not including student loans, will be less than \$15,000CDN.

Name (PRINT):

Signature:

Date: