

## WAIVER CLAUSE

I, the undersigned, to my knowledge have no health impairment which might interfere with or preclude my participation in the above described activity. Accordingly, with respect of such participation, I hereby waive any and all claims for injury, loss or damage which may arise from any physical defect, infirmity capacity known to me insofar as XEROX Canada Ltd., Running Room, CNIB and Sportstat, its employees or agents may be found liable or responsible for any injury or loss sustained by me or my ward.

Signature of participant:  
(or parent / guardian)

Date: \_\_\_\_\_

IMPORTANT: Runners under age 18 must have form signed by parent or guardian.

Paid by:  Cash  Cheque Date of cheque: \_\_\_\_\_

Cheque written by: \_\_\_\_\_

Or, register on-line at [www.runningroom.com](http://www.runningroom.com)

OFFICIAL USE ONLY

Date received: \_\_\_\_\_

Race #: \_\_\_\_\_

Team #: \_\_\_\_\_

### REGISTRATION:

3K and 10K Race open to all - Maximum 500 runners

Mail or deliver your entry form to:

**Xerox Canada Ltd.**  
333 Preston Street, 10th Floor  
Ottawa, ON K1S 5N4  
All **Running Room** locations

or register on-line at: [www.runningroom.com](http://www.runningroom.com)

**Race Kits** can be picked up at 901 Bank Street  
Aug.20, 4pm to 6pm  
or at the race site prior to the race

**RESULTS** will be posted on the internet on August 22, 2007 at [www.sportstats.on.ca](http://www.sportstats.on.ca).

### AWARD DIVISIONS:

**Gender:** Male & Female

**Age groups:** 3K- 15 & under

10K- 19 & under; 20-29; 30-39; 40-49; 50 plus

**FEES:** All entry fees include a T-shirt

\$15.00 for kids 15 & under running the 3K loop

\$25.00 by August 17, 2007

\$30.00 Late registration August 18 - 21, 2007

\$30.00 Race Day, August 21, 2007

At registration desk at the Arboretum  
from 4:00 - 6:15 p.m.

On-line at [www.runningroom.com](http://www.runningroom.com)

Please make cheques payable to: XEROX 10K

### FUNDRAISING:

We encourage all participants to raise pledges for CNIB (Canadian National Institute for the Blind).

### PLEDGE DRAW:

Every person collecting \$50 or more in pledges will be entered into a draw for a prize. The winner will be announced at the closing ceremonies.

If you would like to donate an additional item for the pledge draw, please contact Lorraine Williams at (613) 783-5834 or [Lorraine.Williams@xerox.com](mailto:Lorraine.Williams@xerox.com)

# XEROX®

For more information, please call  
the 10K Hotline at 613-783-5872.

### SPONSORS

# XEROX®



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26 Years of community involvement

# 2007



# August 21, 2007

# 6:30pm

## Experimental Farm Arboretum Ottawa, Ontario

For race information in large  
print or braille, please call  
613-563-4021 ext 5030  
[www.runningroom.com](http://www.runningroom.com)

