



FIRST ALL SANTA RACE IN CANADA!

Over 1500 free Santa suits for the first 1500 to enter
Gourmet breakfast to all at Emmas Backporch
and The Waterstreet Cooker

Flat fast course • Chip timed course

Lots of great prizes • First 500 to enter receive a gift
certicate from the Running Room or Emmas Backporch
FUNDRAISER FOR ST. JOHN AMBULANCE

When and Where:

Saturday, December 13th, 2008 - 9:00 am.
Emmas Backporch - Old Lakeshore Road,
Burlington

5k flat course throughout downtown, Burlington

Registration Fees:

\$35.00 for the 5k until December 1st
\$40.00 thereafter

The first 1500 to register receive free Santa suit,
following that you may enter the race and must
bring your own Santa Suit.

This is the first all Santa Race in Canada, there is
one in Liverpool England that has 7000 participants
and Las Vegas with 4000 participants, lets show
everyone how big ours can be!!

Overall male and female winners receive Nike shoes.
Overall Masters male and female winners receive
Nike sports bag. Awards for top 3 in each age
category. Please avoid parking near any church lots.



Race Kit Pickup and Registration:

December 11th & 12th from 11 till 4.
Burlington Running Room
Unit 6C, Cumberland Square
3300 Fairview Street, Burlington, ON

Registration and race kit and chip pick up on race day
from 6:30 am until 8:30 am at Emmas Backporch.

Post Race Party:

Breakfast will be provided for all at the
Waterstreet Cooker and Emmas

Cheques, Visa, Mastercard and AM/EX may be sent
to: VR Pro 561 Brant Street, PO Box 85030,
Burlington L7R 4K3

Or drop off to any Running Room location

Call 905-639-8053 or email: vrpro@sympatico.ca

St. John's Ambulance

The Burlington St. John Ambulance Medical First
Response Team is here for you! Our volunteers serve the
community, providing first aid and emergency services
at races, festivals, tournaments, parades and other events,
while playing a vital role in the critical areas of emer-
gency preparedness and emergency response. Trained to
handle any medical emergency, we are on the scene with
two fully equipped ambulances and a bike team that can
get anywhere quickly when needed. As a not-for-profit
organization we depend on your generosity to continue
our commitment to the health and safety of our citizens.
Your donation to St. John Ambulance Burlington helps
maintain our vehicles, supplies and equipment.
Our time is volunteered, our service is professional,
your donation is greatly appreciated!
See you at the finish line!

Register online at www.vrpro.ca or
www.runningroom.com or call (905) 639-8053
or email vrpro@sympatico.ca

Jingle Bell Registration Form

Name: _____ Phone Number: _____

Address: _____ Postal Code: _____

City: _____ Fax: _____ Email: _____ Sex: _____ Age: _____ PSN/BIB: _____

5K \$35 until Dec. 1/08 \$40 thereafter

Total \$ _____ Visa Mastercard AMEX Cash Cheque **Sorry no refunds!**

Card Number _____ Expiry Date: _____

Signature: _____

Instructions / Rules:

Please make cheques payable to VR Pro

Mail to VR Pro: 561 Brant St., P.O. Box 85030, Burlington, L7R 4K3 or
Drop off at The Running Room at the following locations:

Oakville: 156 Lakeshore Blvd.; Burlington 3300 Fairview St. Unit 6c

Hamilton: 1457 Main West or any other Running Room location.
Or enter on-line @ www.vrpro.ca or www.runningroom.com

Amateur Athletic Waiver and Release of Liability:

I am participating at my own risk and waive all claims of every nature against the organizers, officials, sponsors, and any other participating agencies in respect to any personal loss, illness, bodily injury or death resulting from participating in these activities. I also fully understand the rigors of such a competition and I have prepared myself physically for the race. At the time of registration, I will inform the race organizers regarding any relevant medical condition. I agree to follow the rules which govern road racing. I the undersigned have read the above waiver and release, and understand that I have given up substantial rights by signing it, and sign it voluntarily.

Questions or comments, please email:
vrpro@sympatico.ca

Signature of Parent/Guardian (if runner is under 18 years of age)

Runner's Signature

Date: month / day / year

Special thanks to our Sponsors!



Participant Name: _____		\$ Pledged
(Please add another sheet if more space is required. Please print clearly so we can issue receipts as required).		
Name: _____	Address: _____ Tel: _____ Postal Code: _____	
Name: _____	Address: _____ Tel: _____ Postal Code: _____	
Name: _____	Address: _____ Tel: _____ Postal Code: _____	
Name: _____	Address: _____ Tel: _____ Postal Code: _____	
Name: _____	Address: _____ Tel: _____ Postal Code: _____	
Name: _____	Address: _____ Tel: _____ Postal Code: _____	
Name: _____	Address: _____ Tel: _____ Postal Code: _____	
FOR OFFICE USE ONLY:		Total:
amount received: \$ _____ receiver's initial: _____		

Saturday, December 13th, 2008

