

Sunday, October 12, 2008
10 a.m. start



TURKEY

TROT

1 km - 5 km – 8.5 km
Walk & Run
Onaping Falls Nordics Ski Club
Windy Lake Trails
\$10 per person
or \$35 per family (max. 4 people)
(limited subsidies available)

Post-event snacks * First 100 registrants will receive a stainless steel water bottle * Prizes
Fundraising BBQ for the Onaping Falls Nordics Ski Club * Group transportation to event



Two ways to register:

1. In person until:
 - Friday, October 10, 2 p.m. at the Dowling Leisure Centre
 - Saturday, October 11, 5 p.m. at the Running Room in Sudbury
2. On-site run day registration 8:30 - 9:30 a.m.

For more information, contact Rainbow Routes Association
at (705) 674-4455, ext. 4603 or www.rainbowroutes.com

