

I know that participating in physical fitness events is a potentially hazardous activity. I agree not to participate unless I am medically able and properly prepared. I should not participate without my physician's approval. I acknowledge that I am solely responsible for my own medical well being. I undertake to have available my medication and medical information when and if I have a medical event requiring attention. "Event" shall include, but is not limited to, all activities, events or services in any way provided, organized, sponsored or authorized by the Event Organizers. On my own behalf, any minors or third parties for whom I am registering, I agree that (a) we will abide by any decision of an Event official concerning our ability to safely participate: (b) we will assume any and all risks associated with the Event: including but not limited to, falls, contact with other persons or objects, the effects of weather, traffic and course conditions; (c) we hereby consent to permit, and accept responsibility for emergency treatment in the event of injury or illness: (d) we understand if the Event cannot be held as scheduled, we may not be entitled to a refund of any money paid. As a condition of entering this Event, I for myself, any minors, or any third party for whom I am acting, waive and release Running Room Canada Inc., Running Room (U.S.A.) Inc., Springwood Developments, 124 Street Business Association, and any associated or related entities, their directors, officers, employees, agents, representatives, sponsors, volunteers, and organizers ("Event Organizers"), from present and future claims and all liabilities of any kind, known or unknown, arising out of our participation in this Event or related activities, even though such claim or liability may arise out of negligence or fault on the part of the Event Organizers. We agree that (a) the Event Organizers shall not be liable for any personal injury, death or property loss, and we release the Event Organizers and waive all claims with respect thereto, and (b) to hold harmless and indemnify the Event Organizers, from any and all liability from any property damage or personal injury to any third party resulting from my participation in the Event. We grant permission to Event Organizers to use or authorize others to use our personal information, including but not limited to, any photographs, images or documentation of our participation in this Event or related activities without remuneration being provided to us. I represent and warrant (a) I am over eighteen (18) years of age, and that if I am registering a minor, that I am the parent or guardian of such minor; (b) if I am registering third parties, I have been duly authorized to act on behalf of such parties; and (c) that the terms of this registration shall apply equally to me, any minor and to any third parties for whom I am acting. The participation in the Event by a third party shall be their confirmation that I was acting as their agent.

Privacy Policy: Running Room Canada Inc. and Running Room (U.S.A.), Inc. ("Running Room") is committed to respecting the personal privacy of our customers. All personal information held or collected by Running Room is protected. If you have any questions about the protection of your personal information, please contact us at: mailprivacy@runningroom.com or by postal mail to Running Room, 9750 - 47 Avenue, Edmonton, Alberta, Canada, T6E SP3. To view our privacy policy visit web site: www.runningroom.com.

I have read this Waiver of Liability and Indemnity Agreement. I understand and accept its terms.

Signature:	
	Signature (Parent/Guardian Signature if entrant is under 18 yrs)
Date:	

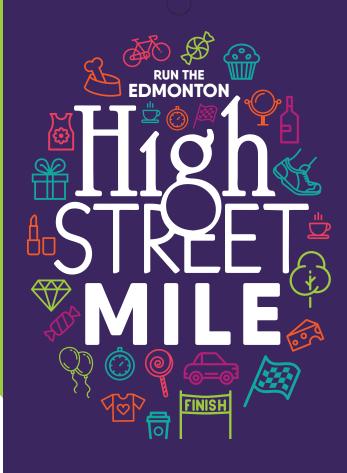
Run the Edmonton High Street Mile Sunday, June 3<sup>rd</sup>, 2018



# See you there!







Be part of this fast growing 1-mile race event. The second annual race is planned to double last year's entries.

Races for all ages from 9:45 a.m.

Sunday, June 3<sup>rd</sup>, 2018

# Continuing the success of Alberta's first 1-mile road race in two decades.

Plans are to make the Edmonton High Street Mile Canada's top 1-mile road race!



Races for all ages up to Elite category and a team challenge race.



Flat, fast and straight, traffic-free road course.



Medals for all finishers under 12, and for first three finishers in all other age categories.



Team race entry fees support Paralympic Foundation of Canada.



Trophies awarded for top 3 teams.



Post race awards ceremony, refreshments and celebrations in the High Street Shopping Centre.

### Race Schedule:

Sunday, June 3<sup>rd</sup> 124th Street and 102 Avenue

#### Kids under 12:

Quarter-mile race from the East end of the Museum building to the finish line at High Street.

#### All others:

1-mile races start just east of junction of 102 Avenue and Stony Plain Road.

(It is the responsibility of all competitors to be at the start line ahead of their registered race.)

#### Start Times:

Kids under 12: **9:45 a.m.**Open age group: **10:15 a.m.** 

Teams: **10:40 a.m.** Elite Women\*: **11:00 a.m.** 

Elite Women\*: 11:00 a.m. Elite Men\*: 11:10 a.m.

\*All competitors in Elite race must have record of completing the race in under 4 minutes 45 seconds for men, and 5 minutes 15 seconds for women. Contact Matt Norminton for details: MNorminton@runningroom.com.

#### Awards:

All awards ceremonies will be held in The High Street Shopping Centre following the Elite race. **11:30 a.m.** 

# How to Register:

#### Online:

At www.runningroom.com until 11:59 p.m. on Wednesday, May 30, 2018.

#### In-store

Register in-store at any Running Room location until 4 p.m. on Wednesday, May 30, 2018.

# Race Kit Pickup:

109th Street Running Room

8537 – 109 Street Edmonton, AB

Friday, June 1<sup>st</sup>: 4 p.m. - 8 p.m. Saturday, June 2<sup>nd</sup>: 10 a.m. - 3 p.m.



# Edmonton High Street Mile

Individual Entry Form



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Name:		Age on rac	Age on race day:					
Address:		Province/S	Province/State:					
Postal Code	ə:	Date of Bir	Date of Birth:					
E-mail:		Phone:	Phone:					
Race Entry:	□ Under 12 (7485) □ Open-Mile (7486) □ Elite Race							
Shirt Size:	☐ Youth S ☐ Youth M ☐ Youth L ☐ Youth XL☐ S ☐ M ☐ L ☐ XL ☐ XXL							
Method of Payment: ☐ Cash ☐ Cheque Non-transferable and no cash refunds.								
Make cheques payable to: Edmonton High Street Mile								
Entry Fees								
Age Grou	ıp Until Apr 3	Until May 14	Until May 30					
Under 12°	\$10	\$10	\$10					
All others** \$35		\$45	\$50					

\*Includes child's size shirt. \*\*Includes commemorative shirt.

Team Entry Form (7487)								
Team Name:								
Name:	(please print)	(please print)		Signature:				
Address:		Province/State:						
Postal Code:		Phone:						
Email:								
	Shirt size: ☐ S	□М		□ XL	□ XXL			
Name:	(please print)		Signature:					
Address:			Province/State:					
Postal Code:		Phone:						
Email:								
	Shirt size: 🗆 S	□М		☐ XL	☐ XXL			
Name:	(please print)		Signa	ture:				
Address:		Province/State:						
Postal Code:			Phone:					
Email:								
	Shirt size: 🗆 S	□М		☐ XL	☐ XXL			
Name:	(please print)		Signature:					
Address:		Province/State:						
Postal Code:		Phone:						
Email:								
	Shirt size: 🗆 S	□м	□L	☐ XL	□ XXL			

Entry Fee: \$350

Proceeds to support the Paralympic Foundation of Canada