

Please join us!
**For the 4th Annual
 Go For the Burn Run**



**10K timed Run, 5K timed Run/Walk,
 3K Youth Run and 3K Walk**

**Saturday, April 28, 2018
 9:00 am at Assiniboine Park**

(Start line in the parking lot of the Conservatory)

**In support of the
 Mamingwey Burn Survivor Society**



PLEDGE FORM

Participant Name: _____



Go For the Burn Run April 28, 2018

All donations of \$20 or more will get a receipt for tax purposes.

First Name	Last Name	Address	City	Prov.	Phone Number	Postal Code	Pledge Amount	Receipt Y/N	Chq/Cash
							\$		
							\$		
							\$		
							\$		
							\$		
							\$		
							\$		
							\$		
							\$		
							\$		
							\$		
							\$		
Anonymous Donations								\$	
Total								\$	

Charitable tax receipts will be issued by the Firefighters Burn Fund Inc.
 Charitable # BN89310 5445 RR0001

Please make all cheques payable to Mamingwey Burn Survivor Society

The Mamingwey Burn Survivor Society is affiliated with the Firefighters Burn Fund.

Thank you for your support!

REGISTRATION FORM

Circle One: 10K 5K 5K Walk 3K Walk 3K Youth Run

Name: _____

Sex: M F Age on race day: _____

Address: _____

City: _____ Prov: _____ Postal Code: _____

Phone: _____

DOB: (yy/mm/dd): _____

Email: _____

Shirt size, Circle one: Mens S M L XL XXL
Womens S M L XL XXL

Are you a burn survivor? Yes No

Will you participate in a wheelchair? Yes No

Do you want more information about Mamingwey Burn Survivor Society? Yes No

We have a photographer onsite and may use a photo of you on our website or in future promotional materials.

Do you consent? Yes No

Cheques (Payable to Mamingwey Burn Survivor Society) or cash accepted at all Running Room locations in Winnipeg

Strollers and wheelchairs Welcome! Sorry, no pets allowed.

Waiver of Liability and Indemnity Agreement

I know that participating in physical fitness events is a potentially hazardous activity. I agree not to participate unless I am medically able and properly prepared. I should not participate without my physician's approval. I acknowledge that I am solely responsible for my own medical well being. I undertake to have available my medication and medical information when and if I have a medical event requiring attention.

"Event" shall include, but is not limited to, all activities, events or services in any way provided, organized, sponsored or authorized by the Event Organizers. On my own behalf, any minors or third parties for whom I am registering, I agree that (a) we will abide by any decision of an Event official concerning our ability to safely participate; (b) we will assume any and all risks associated with the Event; including but not limited to, falls, contact with other persons or objects, the effects of weather, traffic and course conditions; (c) we hereby consent to permit, and accept responsibility for emergency treatment in the event of injury or illness; (d) we understand if the Event cannot be held as scheduled, we may not be entitled to a refund of any money paid.

As a condition of entering this Event, I for myself, any minors, or any third party for whom I am acting, waive and release Running Room Canada Inc., Running Room (U.S.A.) Inc., and any associated or related entities, their directors, officers, employees, agents, representatives, sponsors, volunteers, and organizers ("Event Organizers"), from present and future claims and all liabilities of any kind, known or unknown, arising out of our participation in this Event or related activities, even though such claim or liability may arise out of negligence or fault on the part of the Event Organizers.

We agree that (a) the Event Organizers shall not be liable for any personal injury, death or property loss, and we release the Event Organizers and waive all claims with respect thereto, and (b) to hold harmless and indemnify the Event Organizers, from any and all liability from any property damage or personal injury to any third party resulting from my participation in the Event. We grant permission to Event Organizers to use or authorize others to use our personal information, including but not limited to, any photographs, images or documentation of our participation in this Event or related activities without remuneration being provided to us.

I represent and warrant (a) I am over eighteen (18) years of age, and that if I am registering a minor, that I am the parent or guardian of such minor; (b) if I am registering third parties, I have been duly authorized to act on behalf of such parties; and (c) that the terms of this registration shall apply equally to me, any minor and to any third parties for whom I am acting. The participation in the Event by a third party shall be their confirmation that I was acting as their agent.

Signature: _____ Date: _____

(Parent if Entrant under 18)

REGISTRATION FEES

Until January 31, 2018:

10K & 5K timed: \$40

3K Youth: \$20

3K Walk: \$40

Until March 31, 2018:

10K & 5K timed: \$45

3K Youth: \$22.50

3K Walk: \$45

Until April 25, 2018:

10K & 5K timed: \$50

3K Youth: \$25

3K Walk: \$50

Discount of \$5 for MRA members

Youth is 16 and under

Hot breakfast to follow the run.

Bronze, Silver and Gold custom medals for top 3 males and top 3 females in the 10K and 5K runs.

All runners and walkers in the 10K and the 5K will receive a participation medal!

You can create your own donation page to make it easier to collect donations - you can set your own fundraising goal and share your personal page with family and friends. Just click on the "Donate" option on the Running Room's Go For the Burn page, and set up your own Fundraising home page!

*****Please note:** If a participant gets \$100 or more in donations to the Mamingwey Burn Survivor Society before March 31, 2018, then the registration fee will be waived/returned. Tax receipts will be issued by the Firefighters Burn Fund Inc. for all individual donations over \$20.

For more information, please contact Ashley Wilson

ashleyjdwilson@hotmail.com



DIRECTOR'S MESSAGE

I can't believe we are already at the 4th annual Go For the Burn Run! This event is growing every year, and if you have participated in the past, you know this is going to be a fantastic run, so please spread the word and bring a friend. The Mamingwey Burn Survivor Society is focused on giving burn survivors and their families a special place to run/walk to encourage their good health, as well as raise funds to support our survivors in their recoveries! Our community is unique and offers great support, and we welcome everyone to join us regardless of age, ability, or fitness level. See you there!

Ashley Wilson, Race Director

Thank you to all of our sponsors and our volunteers!

Race kit pickup notes:

All race kits must be picked up and there is no race day registration

Thursday, April 26 from 4:00 to 8:00 pm

Friday, April 27 from 4:00 to 8:00 pm

Registration will be accepted at race kit pickup by using this form

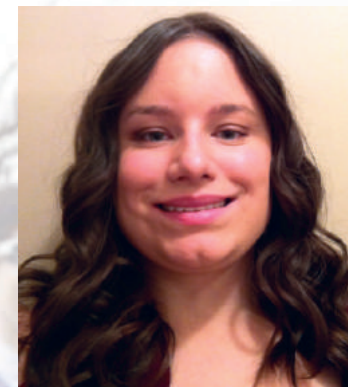


At Kenaston Running Room

Kenaston Village Mall • 1875 Grant Avenue
Winnipeg, MB

There will be no race day kit pick ups. There is no race day check-in, just show up at the start line!

There will be a bag check on-site, a post-race hot breakfast for all participants including volunteers, chip timing for 10K and 5K, and a free gift in each race kit!



www.gofortheburn.ca