

Together we can make a difference in cancer patient's lives!

The 6th Annual Le 15 km de GRANDE-DIGUE

A PROUD SUPPORTER OF THE RELAY FOR LIFE



Saturday April 30, 2011



A FEW OF THE WONDERFUL
DRAW PRIZES OF THE 15 KM RUN

Running Room
10 - \$100.00 gift cards



2 night stay in a beautiful chalet

asics
Sneakers of your choice

REGISTRATION FEES

| | |
|---------------------|-------------------------|
| 15 km run | \$35 |
| | <i>\$40 on race day</i> |
| 15 km walk | \$25 |
| | <i>\$30 on race day</i> |
| 3 km run/walk | \$20 |
| | <i>\$25 on race day</i> |

MANAGEMENT SITE

- Grande-Digue School
- Reception will be held at Notre Centre

REGISTRATION
www.runningroom.com



Caisses populaires
acadiennes

CAISSE POPULAIRE
KENT-SUD

SCHEDULE

| | |
|---------------------------|----------------|
| 15 km walk | 8:30 am |
| Registration closes | 9:00 am |
| 15 km run | 9:30 am |
| 3 km run/walk | 9:40 am |

15 Km TIMEX RUN

- \$5950.00 to be won in cash
- Medal for every finisher (all 3 events)
- Race jacket for every age group winner
- Post race massage

100\$ FOR NEW CURRENT RECORD

Matt Pieteron (Fredericton) 49:03
Geneviève Lalonde (Moncton) 58:27

TOP 10 PRIZES

FOR OVERALL FEMALE/MALE FINISHERS

| | |
|---------|---------|
| 1 \$600 | 6 \$100 |
| 2 \$300 | 7 \$85 |
| 3 \$200 | 8 \$70 |
| 4 \$160 | 9 \$60 |
| 5 \$150 | 10 \$50 |



SERVICES

- Reception with Spaghetti
- Showers
- Event Photos on RunNB
- Paul-Pierre Bourgeois (15 Km) Memorial Award (Male & Female)
- Gatorade & Water Stops (15 km)
- 2 Portable Toilets along the course (15 km)
- Draw Prizes (all 3 events)
- Medals for top 3 male & female (3 km)

UNIQUE COURSE

One loop 15 km course with
the last 1.5 km slightly downhill.



Together we can make a difference in cancer patient's lives!

PRE-REGISTRATION FORM

I wish to register in the:

- 15 km run **\$35**
\$40 on race day
- 15 km walk..... **\$25**
\$30 on race day
- 3 km walk/run **\$20**
\$25 on race day

Name: _____

M F

Town/City: _____

Age (on Dec 31, 2011): _____

Write your cheque to:
Course 15 km de Grande-Digue

Mail to: **Sylvio Bourque**
3390, Route 530, Grande-Digue, NB, E4R 5N9

Or: **Leave at the Moncton Running Room**

Info: **Sylvio Bourque**
506-576-7082 • sylcbourque@yahoo.ca

T-Shirt
Guaranteed until April 18th

Size:

- Small Medium
 Large X-Large XX-Large

IMPORTANT:
**All participants must pick-up
their timing chip no later than
9:00 am**

RELEASE:
*I release the Organizing Committee,
the volunteers and Run NB from all
liability in the case of an accident or
discomfort suffered while taking part
in this event.*

Signed (Adult, for child 15 years or less)

SPONSORS



TIMEX

